



The Royal Children's
Hospital Melbourne

Department of Nutrition & Food Services

Certificate in Paediatric Nutrition & Dietetics

Unit 1 – Nutrition and Child Health

8th -11th September 2025

DRAFT PROGRAM – timetable subject to change/ presenters still being confirmed

Monday 8th September

8:45 am	Introduction <i>Sophie King</i> <i>Royal Children's Hospital, Melbourne</i>
9:00 am	Growth Assessment – Birth to Adolescence (60mins) <i>Royal Children's Hospital, Melbourne</i>
10:00 am	Paediatric Malnutrition – use of screening tools (30mins) <i>Royal Children's Hospital, Melbourne</i>
10:30 am	Morning Tea (15mins)
10:45 am	Workshop: Interpretation & Practical Growth Assessment (60mins) <i>Royal Children's Hospital, Melbourne</i>
11:45 pm	Lunch (45mins)
12:30pm	Nutrition for Children with a Disability (60mins) <i>Royal Children's Hospital, Melbourne</i>
1:30 pm	Breastfeeding – Key Information for Dietitians (60mins) <i>Royal Children's Hospital, Melbourne</i>
2:30 pm	Afternoon Tea (15mins)
2:45 pm	Introducing Solids (30mins) <i>Royal Children's Hospital, Melbourne</i>
3:15 pm	Toddler Nutrition (75mins) <i>Royal Children's Hospital, Melbourne</i>
4:30 pm	Close



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Tuesday 9th September

8:45 am Day 2 Commences

8:45 am Nutritional Requirements for Children (60mins)
Royal Children's Hospital, Melbourne

9:45 am Formulas – What to Use & When (60mins)
Royal Children's Hospital, Melbourne

10:45 am Morning Tea (15mins)

11:00am Communication & Nutrition Issues for Adolescents (60mins)
Royal Children's Hospital, Melbourne

12:00 pm Paediatric Enteral Feeding (60mins)
Royal Children's Hospital, Melbourne

1.00 pm Lunch (45mins)

1:45 pm Workshop: Practical Aspects of Enteral Feeding in Children (75mins)
Royal Children's Hospital

3.00 pm Afternoon Tea (15mins)

3:15 pm Workshop: Formula Manipulation (75mins)
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4:30 pm Close



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Wednesday 10th September

9.00 am	Day 3 Commences
9.00 am	Management of Faltering Growth (60mins) <i>Royal Children's Hospital, Melbourne</i>
10.00 am	Morning Tea (15mins)
10.15 am	Workshop: Management of Faltering Growth (75mins) <i>Royal Children's Hospital, Melbourne</i>
11:30 am	Vegan & Vegetarian Diet for Young Children (60mins) <i>Royal Children's Hospital, Melbourne</i>
12:30pm	Lunch (45 mins)
1:15pm	Workshop: Blended Tube Feeds (90mins) <i>Royal Children's Hospital, Melbourne</i>
2.45pm	Afternoon Tea (15mins)
3.00pm	Workshop (60mins) Complex Feeding and Tube Weaning <i>Royal Children's Hospital, Melbourne</i>
4.00pm	Close



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Thursday 11th September

9:00 am	Management of Paediatric Food Allergy (90mins) <i>Royal Children's Hospital, Melbourne</i>
10:30 am	Iron Deficiency – Management & Biochem Interpretation (45mins) <i>Royal Children's Hospital, Melbourne</i>
11.15 am	Morning Tea (15mins)
11.30am	Feeding the Neurodivergent Child (60mins) <i>Royal Children's Hospital</i>
12:30 pm	Weight Management for Children and Adolescents (60mins) <i>Royal Children's Hospital, Melbourne</i>
1.30 pm	Lunch (45mins)
2.15 pm	Gastrointestinal Issues in Children (60mins) <i>Royal Children's Hospital, Melbourne</i>
3:15 pm	Q & A Forum, Assessment Discussion and Unit 2 discussion(60mins) <i>Panel of Dietitians</i> <i>Royal Children's Hospital, Melbourne</i>
4:15 pm	Close